

英國交換學生心得

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出國唸書是我從小到大一直以來的夢想，而這一年，就是我夢想成真的一年，從語言課程到正課的每一天我都很珍惜，也學了很多東西。

還記得當時，因為我的雅思成績未達到標準，所以必須在正課開始前先去參加語言課程，然而，國外的語言課程跟我想像中的完全不同，原本以為就如同在台灣的補習班一樣輕鬆，結果完完全全不一樣，也因為如此在第一週時，我感到壓力很大，為了讓自己更為熟練英文，每一天都必須花時間在英文的閱讀、聽力、寫作與口說，而且英國的教學方式主要強調互動溝通，老師會安排課堂討論，包括口頭報告和辯論，對我來說，英國的這種上課方式是我不太習慣的，所以有時還是會感到很沮喪，但是也不得不接受自己的英文不夠好的事實。在不斷的練習後，能慢慢的改善、進步，我真的為自己感到開心，也很驕傲，在語言課程能學到如何寫正式的報告，包括改寫、搜尋學術資料、撰寫正式的學術來源等等，這些東西不但很實用，在正課時也不會顯得自己一無所知。

另外，上語言課的期間，除了好好地加強英文能力外，適時的放鬆也是很重要的，在這裡我結識了來自不同國家的新朋友，包括日本，韓國，中國，意大利，西班牙等。不同國家的人都有著不同的文化背景，也因為如此，不同國家的人個性上都有著鮮明的國家特色，比較深刻的是，日本人總是很有禮貌，個性上也比較內向，但是喝了酒後，個性會一百八十度大轉變，變的與平時看到的都不同，日本朋友也說，日本人在喝了酒後會比較展露真實的性格。韓國人個性上比較強勢，而且每一個幾乎都很喜歡喝酒，有趣的是，連燒酒與啤酒的比例都很講究。義大利人幾乎都很熱情，而且在表達時總是很浮誇，說話還會搭配一堆手勢，義大利朋友還教我們罵人時搭配的手勢，逗得大家哈哈大笑。

下課時，大家總會聚在一起吃飯聊天，而大家最期待的，永遠都是一週課程結束的時候，也就是星期五，所謂的TGIF，就是Thank God It's Friday，由此可知星期五在這裡有多麼值得慶祝，大家總會一起去酒吧喝酒聊天慶祝或在朋友的家裡玩遊戲，雖然有課業上的壓力，但是與這些朋友在一起的每一刻都覺得好開心好放鬆，真的很慶幸能結識來自世界各地的朋友，對我來說這是非常寶貴的經歷與回憶，我永遠不會忘記。



Exchange Student Experience at Middlesex University in UK

As a child, I've always dreamed of studying abroad. This year 2019, is amongst the best years of my life as finally one of my biggest dreams became true. I learned a lot and cherished every second since the beginning of pre-sessional classes till my last day at the university.

However, getting into where I am was not easy. Due to the difficulties with the English language, my IELTS test result did not meet the university requirement. Therefore, pre-sessional classes were required before the main studies. It was completely different than I was expecting and during the first weeks, I felt pressurised. In comparison to Taiwanese schools, I thought it would be easy, but indeed, it required plenty of dedication. It was crucial to read, listen, write and speak English daily to master the language. Moreover, the British teaching methods emphasise communication. The lecturers were responsible for arranging group discussions between class mates, including reports and debates. To me, the British teaching methods is unfamiliar. Despite my frustration, I had to accept that my English skill wasn't good enough, but after religiously practising, my performance improved a lot, and I'm proud of myself. After all, I learned how to write reports formally, including paraphrasing, research methods and academic references. Everything I learned in pre-sessional classes was so practical, and I was at least ignorant of anything about the main studies.

On the other hand, during pre-sessional classes, in addition to strengthening my English skills, appropriate relaxation is also important. I was able to make new friends from different countries, including Japan, Korea, China, Italy, Spain, France and among others. People who come from different countries have different cultures, because of this, there are distinctive personal characteristics between different countries. For example, the Japanese are always very polite, and their personality are introverted. However, the Japanese will become totally different after drinking, and it will be very different from what we usually see. One of my Japanese friends also said that the Japanese normally show their real personality after drinking. The Korean are more aggressive, and love drinking so much. Interestingly, they even are particular about the ratio of Soju and beer. The Italians are almost very enthusiastic, and they are always very exaggerated in their expressions. The Italians also use a bunch of gestures when they are talking. My Italian friends used to teach us the gestures of swearing, they really made me laugh.

When finished the courses, we always hang out together. The most exciting for everyone is the final study day of the week, that is, Friday. So-called 'TGIF', which means 'Thank God It's Friday'. Obviously, it is definitely worth celebrating Friday. We went to the bar to have a drink or played games at a friend's house. I was pressured on studying but hung out with these friends made me so relaxing and enjoyable. I was very fortunate to know these friends who come from all around the world. It was such a valuable experience, and I will never forget.